

GET TO KNOW YOUR ELECTED OFFICIALS

Inform your Member of Congress about Ukraine

REACH OUT

VISIT	Your Congress Member's website
CALL	Your Congress Member's District Office
E-MAIL	Your Congress Member and staff
SET UP	A meeting with your Congress Member's staff
ATTEND	Any town halls your Congress Member schedules



ADVOCATE FOR

SUPPORTING	Foreign/Military Assistance to Ukraine
EXPANDING	Russia Sanctions Regime
DEFENDING	Ukrainian Political Prisoners in Russia
INCREASING	NATO-Ukraine Interaction
JOINING	Congressional Ukrainian or Senate Ukraine Caucuses



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